

Employee Assistance Services

Counselling

Face to face and Telephone

Anger
Anxiety
Assertiveness
Depression
Loss & Grief
Relationships
Stress

Work & Health Issues

Call: **1800 650 204**



Online Appointment Bookings

www.newportwildman.com

Supervisor And Management Support

Advice, Mentoring and Coaching

Conflict, Team Disharmony, Poor Performance, Difficult Conversations

Make a phone appointment or visit face to face



Critical Incident Stress Management

Planning, Training
One on one and Group Support

Career Guidance Psychological Testing



Training & Education

Dedicated Workshops
on all of the above

A Confidential and Free Service

Employee assistance is an employee benefit.

You can access this service 24 hours a day seven days a week.

Our counsellors are bound by their professional code of ethics to respect client confidentiality.